Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Saturday 22 Jan 2022 until 23:59 on Sunday 23 Jan 2022

Forecast Issued on Friday 21 Jan 2022 at 11:06 by Met Office Aberdeen

Confidence: High for windy, cloudy and often damp conditions over the weekend. Lower for details of cloud and extent of rainfall from Monday.

Headline for Saturday 22 Jan 2022: Very poor visibility and persistent drizzle for most areas. Feeling very cold.

Mountain weather hazards on Saturday 22 Jan 2022

Blizzards No Likelihood	**Heavy Snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Medium Likelihood	**Poor visibility** High Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** Low Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
FOG	FOG			FOG	FOG		
Fog	Fog	Drizzle	Drizzle	Fog	Fog	Drizzle	Drizzle
Precipitation probability							
60%	60%	70%	70%	60%	60%	70%	70%

Forecast for Saturday 22 Jan 2022

Weather: Overcast and damp through the day with persistent rain or drizzle, this especially focussed across Lochaber and Argyll. Little change through evening.

Chance of cloud free mountain/hill tops above 800m: Virtually no chance.

Visibility: Most slopes will be shrouded in fog above around 300-400m leading to very tricky navigation. Drizzle will turn glens hazy too.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Saturday 22 Jan 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	27/35 SW	29/37 SW	26/34 SW	23/32 SW	28/38 SW	29/38 SW	25/34 SW	26/36 SW	27/38 SW
900	19/27 SW	20/28 SW	18/26 SW	19/27 SW	21/31 SW	21/30 SW	19/29 SW	21/30 SW	22/33 SW
600	23/31 SW	24/32 SW	21/29 SW	22/30 SW	25/34 SW	24/33 SW	22/30 SW	23/32 SW	24/35 SW
300	11/18 SW	13/21 SW	12/20 SW	12/20 SW	15/24 SW	13/21 SW	13/21 SW	13/23 SW	14/25 SW
Glen	11/21 SW	11/21 SW	9/20 SW	10/21 SW	11/24 SW	12/25 SW	10/22 SW	12/24 SW	12/26 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-0/-8	0/-7	0/-7	0/-6	1/-6	1/-6	1/-5	1/-6	0/-7
900	2/-4	2/-4	2/-3	3/-3	3/-2	3/-2	3/-2	3/-2	2/-3
600	4/-2	5/-1	5/-1	5/-0	5/0	6/0	5/0	5/0	5/-1
300	6/2	6/3	7/3	7/4	7/4	7/4	7/4	7/4	6/3
Glen	7/4	8/5	8/6	8/6	9/6	9/7	9/6	9/6	8/5
Freezing Level*	1200m	1300m	1300m	1500m	1800m	1700m	1600m	1600m	1300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Western slopes will see little respite from the rain and drizzle. This combined with the strong winds will lead to a very real risk of hypothermia for the unprepared.

Forecast for Sunday 23 Jan 2022
Weather: Fresh to strong southwest winds will maintain a feed of thick cloud across all ranges but generally drier conditions than Saturday. Cloud bases will on the whole be a little higher too. Some brighter spells possible.

Maximum wind: Southwest 25-30mph gusting up to 45mph.

Chance of cloud free mountain/hill tops above 800m: 20%.

Visibility: Foggy conditions as cloud remains extensive above 500-700m but a few breaks may develop, eastern areas most favoured for these.

Temperature: **Glens:** 6 to 8 Celsius.
At 800m: Around plus 1 Celsius.
Freezing level: 1200m or above.

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